“When you dance, your purpose is not to get to a certain part of the floor. It’s to enjoy each step along the way.”
~Wayne Dyer

Teacher Contact Information:
Chelsea-McCall Lujan
Dance Studio G107
Email: chelsea.lujan@canyonsdistrict.org
Phone: 801-826-6113

Course Description:
This course is an introductory course in Social Dance. It is designed to acquaint students with and provide instruction in traditional and popular American Style Ballroom Dance at the beginning (bronze) level. The following dances will be taught:

- Foxtrot
- Waltz
- Cha Cha
- Triple Swing
- Instructor’s Choice

Materials Needed:
- One notebook (that will be kept in class)
- Pen/Pencil
- Shoes

1. Attendance/Participation:
Students are expected to be in class every day, fully dressed and ready to dance. Ten points will be awarded daily for attendance and participation. Two points will be taken away for every tardy, and students will lose five points for not dressing for tests. (Class will follow HHS Attendance Policy.)

2. Missing/Late Work:
- If students have a school excused absence, their participation points will be excused for the day and they will be able to do all make-up work. If students have an excused absence, both participation points and make-up work will be allowed.
- To make-up for missed participation points, students will have the option of doing several different projects which will be available to them, or attending APP period with Ms. Lujan to review material missed.
- Because of the nature of the class, missing coursework will need to be made up at the discretion of the teacher. Late work or make-up will only be accepted till the end of the unit.

3. Journals/Note-Taking:
Students will keep daily journals that will be used to keep self-starts, notes, quizzes, and dance history information. Journals will be graded at the end of each quarter.

4. Attitude:
Displaying a positive attitude toward class work and classmates will not only enhance the learning experience, but will be reflected on the individual’s grade. Respect yourself, each other, and your environment.
5. Tests

Pre and Final tests will be given throughout the semester. As part of the tests students will be required to dress up for their showings. As part of their pre-tests, students will be required to view their performance online and write a short reflection before taking the final test.

6. Performance/Competition:

Students will have the amazing opportunity to perform in an assembly at the end of the semester. More information will be given at a later time. There may be an opportunity to compete as well, this will be an outside of class activity and more information will be given later.

7. Academic Preparation Period (APP)

At this time students can show missing performance assignments, or work on any make-up for the class. Ms. Lujan will be in the Dance Studio on A Days, and in C201 on B Days. Students will need to plan accordingly if showing work with their partner.

8. Grade Scale

40% of grades will come from participation and effort, 60% will come from assessment.

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8. Injury

To be excused from class due to illness or injury students MUST have a parent or doctor note. Students will need to complete a class observation sheet to receive points for the day. Make-up for any work not completed that day will be left up to the discretion of the teacher. Verbal participation may still be required.

9. Miscellaneous:

- NO CELL PHONES or electronic devices will be allowed in the dance studio without prior approval from the instructor. Cell phones will be confiscated if found.
- No food or drink should be in the studio…water bottles only. No Gum!
- Students will follow “What Would Harvey Do?” school rules and procedures.
- Students will still be required to dance even if they do not take the opportunity to change into appropriate dance attire. Five points will be lost for not adhering to dress code standards during tests.
- Please wear appropriate footwear, and wash your socks. Good hygiene is important in the dance classroom.
- No restroom or drink breaks will be given the first and last fifteen minutes of class.
- If students do not follow classroom rules they can be put on contract for misbehavior. Failure to improve could result in lunch room detention.
- No backpacks/electronics are allowed in the studio.

10. Dress Code:

**Women**

In Class- High heels are required. Ballroom shoes are recommended, but not required.

Testing- Dresses or skirts.

**Men**

In Class- Dress shoes are required. Ballroom shoes are recommended, but not required.

Testing- Formal attire. Tie’s are required.
Dance 1 Disclosure 2019-2020 Second Semester

Great dancers are not great because of their technique, they are great because of their passion. ~Martha Graham

Teacher Contact Information:
Chelsea-McCall Lujan  Email: chelsea.lujan@canyonsdistrict.org  Dance Studio G107 or C201

Course Description:
Why dance? This is just one of many questions students will explore as they have the chance to twist and turn through the various motions we call dance. Through dance, students will learn versatility, adaptability, creativity, and above all else a sense of self-discovery. Critical thinking skills will be developed as students learn what it really means to be a creative thinker. Every dancer will be provided with the tools to improve their skills, however, the extent of the dancer’s growth will ultimately depend on individual desire, dedication, effort, and attitude. Come explore the world “outside the box.”

Materials Needed:
• One notebook (that will be kept in class) and Pen/Pencil
• Lock for gym locker

1. Attendance/Participation:
Students are expected to be in class every day, fully dressed and ready to dance. Ten points will be awarded daily for attendance and participation. Three points will be taken away for every tardy, and students will lose five points for not dressing. Students will be given 5 minutes to dress at the beginning and end of each class. After the five minute dressing time roll will be called, and students will be considered tardy if not present for the roll call. (Class will follow HHS Attendance Policy.)

2. Missing/Late Work:
• If students have a school excused absence, their participation points will be excused for the day and they will be allowed to do all make-up work. If students have an excused absence, both participation points and make-up work will be allowed.
• To make-up for missed participation points, students will have the option of doing several different projects which will be available to them, or attending APP period with Ms. Lujan to review material missed.
• Because of the nature of the class, missing coursework will need to be made up at the discretion of the teacher. Late work or make-up will only be accepted till the end of the unit.

3. Journals/Tests/Demonstrations:
• Journals- Students will keep daily journals that will be used to keep self-starts, notes, and dance history information.
• Demonstrations- Dancers will have the opportunity to demonstrate their skills in combinations, technique, and short pieces throughout the year. These showings will be graded.
• Projects- Students will be asked to give oral presentations on various artists, histories, and genres throughout the semester.

4. Concert Evaluation:
All Dance 1 students will be required to see the Hillcrest Dance Company concert this year. The show is Rudiment and will run April 16-18. Students will be required to write a concert evaluation after the show. There will be an alternative assignment for those individuals unable to attend the show. However, approval for the alternate assignment must be given prior to the performance. There will be an option to usher at the performance in exchange for free admission (see Ms. Lujan for details).

5. Attitude:
Displaying a positive attitude toward class work and classmates will not only enhance the learning experience, but will be reflected on the individual’s grade. Students are expected to act as adults and to not bring problems or bias from outside of the class into the classroom area. Respect yourself, each other, and your environment.
7. Academic Preparation Period (APP)
At this time students can show missing performance assignments, receive extra help with technique or composition, or work on any make-up for the class. Ms. Lujan will be in the Dance Studio on A Days, and in C201 on B Days. Students will need to plan accordingly if showing work.

8. Grade Scale
40% of grades will come from participation and effort, 60% will come from assessment.

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9. Injury
To be excused from class due to illness or injury students MUST have a parent or doctor note. Students will still be required to dress, and will need to complete a class observation sheet to receive points for the day. Make-up for any work not completed that day will be left up to the discretion of the teacher. Verbal participation may still be required for group work.

9. Rehearsals/Performance:
Students will have the amazing opportunity to perform in a student concert during fourth quarter. Dancers may be asked to attend rehearsals before a school in preparation for performances. Students will be informed well in advance so there is time to arrange schedules. Rehearsals are MANDATORY.

Absences are difficult to make up due to the nature of our class work. Therefore, during performance 4th quarter, students who have four or more absences (excused or unexcused) the 2 weeks prior to the concert will be dismissed from the concert that quarter. This will also result in a significant grade drop. **You are only allotted 3 absences, on the 4th absence, you will no longer have performance privileges.**

Performance Date: May 19 @ 7:00 PM Call Time: 5:45 PM

10. Dress Code: All students will be required to wear all black as part of their class attire.

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11. Miscellaneous:
- NO CELL PHONES or electronic devices will be allowed in the dance studio without prior approval from the instructor. Cell phones will be confiscated if found.
- No food or drink should be in the studio…water bottles only. No Gum!
- Students will follow “What Would Harvey Do?” school rules and procedures.
- Students will still be required to dance even if they do not take the opportunity to change into appropriate dance attire. Five points will be lost for not adhering to dress code standards.
- Please take dance clothes home weekly to be washed. Good hygiene is important in the dance classroom.
- Students will need to have hair pulled back for any showings.
- No restroom or drink breaks will be given the first and last fifteen minutes of class.
- If students do not follow classroom rules they can be put on contract for misbehavior. Failure to improve could result in lunch room detention.
- No backpacks/electronics are allowed in the studio.
Dance 2 Disclosure 2019-2020

“Great dancers aren’t great because of their technique, they are great because of their passion.” –Martha Graham

Teacher Contact Information:
Chelsea-McCall Lujan  Email: chelsea.lujan@canyonsdistrict.org  Dance Studio G107 or C201

Course Description:
Why dance? Through dance, students will learn versatility, adaptability, creativity, and above all else a sense of self-discovery. Critical thinking skills will be developed as students learn what it really means to be a creative thinker. Every dancer will be provided with the tools to improve their skills, however, the extent of the dancer’s growth will ultimately depend on individual desire, dedication, effort, and attitude.

Materials Needed:
One notebook (that will be kept in class)  Pen/Pencil  Lock for Gym Locker

1. Attendance/Participation:
Students are expected to be in class every day, fully dressed and ready to dance. Ten points will be awarded daily for attendance and participation. Two points will be taken away for every tardy, and students will lose five points for not dressing. Students will be given 5 minutes to dress at the beginning and end of each class. After the five minute dressing time role will be called, and students will be considered tardy if not present for the roll call. (Class will follow HHS attendance policy.) In addition to participation points, students will occasionally receive discovery points. These points show a commitment to exploring new avenues of expression, and willingness to take “risks” in their movement.

2. Missing/Late Work:
• If students have a school excused absence, their participation points will be excused for the day and they will be allowed to do all make-up work. If students have an excused absence, both participation points and make-up work will be allowed.
• To make-up for missed participation points, students will have the option of doing several different projects which will be available to them, or attending APP period with Ms. Lujan to review material missed.
• Because of the nature of the class, missing coursework will need to be made up at the discretion of the teacher. Late work or make-up will only be accepted till the end of the unit.

3. Journals/Tests/Demonstrations/Projects:
• Journals- Students will keep daily journals that will be used to keep self-starts, notes, and dance history info.
• Tests/Demonstrations- Dancers will have the opportunity to test/demonstrate their skills in combinations, technique, and short pieces throughout the year. These showings will be graded.
• Projects- Students will be asked to give oral presentations on various artists, histories, and genres throughout the year.

4. Concert Evaluations:
All Dance 2 students will be required to see (or participate in) two dance productions produced at Hillcrest this year. The school musical 42nd Street will run Nov. 21-25 (excluding Sunday). Students will be required to write a concert evaluation after the show. There will be an alternative assignment for those individuals unable to attend the show. However, approval for the alternate assignment must be given prior to the performance. The Dance Company performance Rudiment will be performed April 16-18. Students will be required to write a concert evaluation after the show. There will be an option to usher at the performances in exchange for free admission (see Ms. Lujan for details).

5. Burning of the H:
Dance 2 students will perform at the Burning of the H on September 19. There will be a mandatory early morning rehearsal the morning of September 19 at 6:45 AM on the football field. Failure to participate will affect a student’s grade (extenuating circumstances will be dealt with on an individual basis).

6. Attitude:
Displaying a positive attitude toward class work and classmates will not only enhance the learning experience, but will be reflected on the individual’s grade. Students are expected to act as adults and to not bring problems or bias from outside of class into the classroom area. Respect yourself, each other, and your environment.
7. Academic Preparation Period (APP)
At this time students can show missing performance assignments, receive extra help with technique or composition, or work on any make-up for the class. Ms. Lujan will be in the Dance Studio on A Days, and in C201 on B Days. Students will need to plan accordingly if showing work.

8. Grade Scale
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8. Injury
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9. Rehearsals/Performance:
Students will have the amazing opportunity to perform in a student concert during fourth quarter. Dancers may be asked to attend rehearsals before a school in preparation for performances. Students will be informed well in advance so there is time to arrange schedules. Rehearsals are MANDATORY.

Absences are difficult to make up due to the nature of our class work. Therefore, during performance 4th quarter, students who have four or more absences (excused or unexcused) the 2 weeks prior to the concert will be dismissed from the concert that quarter. This will also result in a significant grade drop. You are only allotted 3 absences, on the 4th absence, you will no longer have performance privileges.

Performance Date: May 19 @ 7:00 PM Call Time: 5:45 PM

10. Dress Code: All students will be required to wear all black as part of their class attire.

Acceptable Attire
Leotards/footless tights
Jazz pants/shorts
Form fitting tops
Hair pulled back
Camisole tops (must be worn with sports bra)

Unacceptable Attire
Baggy/Street Clothing
Socks, Tights, or see-through leggings
Lacey/see-through tops
Jewelry
Midriff revealing

11. Miscellaneous:
• NO CELL PHONES or electronic devices will be allowed in the dance studio without prior approval from the instructor. Cell phones will be confiscated if found.
• No food or drink should be in the studio…water bottles only. No Gum!
• Students will follow “What Would Harvey Do?” school rules and procedures.
• Students will still be required to dance even if they do not take the opportunity to change into appropriate dance attire. Five points will be lost for not adhering to dress code standards.
• Please take dance clothes home weekly to be washed. Good hygiene is important in the dance classroom.
• Students will need to have hair pulled back for any showings.
• No restroom or drink breaks will be given the first and last fifteen minutes of class.
• If students do not follow classroom rules they can be put on contract for misbehavior. Failure to improve could result in lunch room detention.
• No backpacks/electronics are allowed in the studio.
Dance 3 Disclosure 2019-2020

Great dancers are not great because of their technique, they are great because of their passion. ~Martha Graham

Teacher Contact Information:
Chelsea-McCall Lujan  
Email: chelsea.lujan@canyonsdistrict.org  
Dance Studio G107 or C203

Course Description:
Why dance? Through dance, students will learn versatility, adaptability, creativity, and above all else a sense of self-discovery. Critical thinking skills will be developed as students learn what it really means to be a creative thinker. Every dancer will be provided with the tools to improve their skills, however, the extent of the dancer’s growth will ultimately depend on individual desire, dedication, effort, and attitude.

Materials Needed:
One notebook (that will be kept in class)  
Pen/Pencil  
Lock for Gym Locker

1. Attendance/Participation:
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3. Journals/Tests/Demonstrations/Projects:
- Journals- Students will keep daily journals that will be used to keep self-starts, notes, and dance history info.
- Tests/Demonstrations- Dancers will have the opportunity to test/demonstrate their skills in combinations, technique, and short pieces throughout the year. These showings will be graded.
- Projects- Students will be asked to give oral presentations on various artists, histories, and genres throughout the year.

4. Concert Evaluations:
All Dance 3 students will be required to see (or participate in) two dance productions produced at Hillcrest this year. The school musical 42nd Street will run Nov. 21-25 (excluding Sunday). Students will be required to write a concert evaluation after the show. There will be an alternative assignment for those individuals unable to attend the show. However, approval for the alternate assignment must be given prior to the performance. The Dance Company performance Rudiment will be performed April 16-18. Students will be required to write a concert evaluation after the show. There will be an option to usher at the performances in exchange for free admission (see Ms. Lujan for details).

5. Burning of the H:
Dance 3 students will perform at the Burning of the H on September 19. There will be a mandatory early morning rehearsal the morning of September 19 at 6:45 AM on the football field. Failure to participate will affect a student’s grade (extenuating circumstances will be dealt with on an individual basis).

6. Attitude:
Displaying a positive attitude toward class work and classmates will not only enhance the learning experience, but will be reflected on the individual’s grade. Students are expected to act as adults and to not bring problems or bias from outside of the class into the classroom area. Respect yourself, each other, and your environment.
7. Academic Preparation Period (APP)
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10. Solo/Duet Choreography:
During the third quarter, students will be creating solo or duet pieces. These pieces will be created outside of regular class time. There will be a mid-term check, and a final showing in front of the class at the end of the quarter. Failure to perform this piece could result in failing the class, and ineligibility to perform in the final concert.

11. Rehearsals/Performance:
Students will have the amazing opportunity to perform in a student concert during fourth quarter. Dancers may be required to attend rehearsals before school in preparation for performances. Students will be informed well in advance so there is time to arrange schedules. Absences are difficult to make up due to the nature of our class work. Therefore, during performance 4th quarter, students who have four or more absences (*excused or unexcused*) the 2 weeks prior to the concert will be dismissed from the concert that quarter. This will also result in a significant grade drop. **You are only allotted 3 absences, on the 4th absence, you will no longer have performance privileges.**

   Performance Date: May 19 @ 7:00 PM   Call Time: 5:45 PM

12. Miscellaneous:
- NO CELL PHONES or electronic devices will be allowed in the dance studio without prior approval from the instructor. Cell phones will be confiscated if found.
- No food or drink should be in the studio…water bottles only. No Gum!
- No restroom or drink breaks will be given the first and last fifteen minutes of class.
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- Please take dance clothes home weekly to be washed. Good hygiene is important in the dance classroom.
- Students will need to have hair pulled back for any showings.
- No backpacks/electronics are allowed in the dance studio.

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